

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2:30 PM- Church (W) 1 3:30 PM- Mexican Train Dominoes (IL)	9:00 AM- Water Aerobics (P) 2 10:00 AM- Stretch (CG) 11:00 AM- Chair Yoga (W) 2:00 PM: Game: Canasta (CG) 3:00 PM- Coloring Club (IL) 4:00 PM- BYOB Social (CP)  Happy Birthday Donna J!	9:00 AM- Fitness Class (W) 3 9:45 AM- Book Mobile (FD) 10:45 AM- The Great Courses (W) 2:00 PM- Book Club (IL) <b>3:00 PM- Medicare &amp; Donuts (W)</b>	9:00 AM- Water Aerobics (P) 4 10:00 AM- Morning Brew (CG) 1:00 PM- Comm/Rosary (CP) 2:00 PM- Massages w/ Esther* (CP) <b>2:00 PM- Christmas Craft w/ Kayleigh* (CG)</b>	9:00 AM- Fitness Class (W) 5 10:00 AM- Stretch 100-118 (CG) 10:45 AM- Build-a- Word (CG) 2:00 PM- Pins & Needles (CP) <b>6:45 PM- Old Capitol Chorus: Christmas Program (W)</b>  Happy Birthday Marianne!	9:00 AM- Water Aerobics (P) 6 10:00 AM- Stretch 119-138 (CG) 2:00 PM- Mahjong (CG) 2:00 PM- Movie Matinee (W)	10:00 AM- Trivia Pursuit (CG) 7 <b>11:00 AM- Christmas Piano Recital: Aiden Kurr (IL)</b> 2:00 PM- Cards (CP)  Happy Birthday Naomi!
2:30 PM- Church (W) 8 3:30 PM- Mexican Train Dominoes (IL)	9:00 AM- Water Aerobics (P) 9 11:00 AM- Chair Yoga (W) <b>2:00 PM- Town Hall (IL)</b> 2:30 PM: Game: Canasta (CG) 3:00 PM- Coloring Club (IL) 4:00 PM- BYOB Social (CP) <b>6:30 PM- Holiday Lights* (FL)</b>	9:45 AM- Book Mobile (FD) 10 10:45 AM- The Great Courses (W) <b>1:30-3:30 PM- Holiday Open House</b>	9:00 AM- Water Aerobics (P) 11 10:00 AM- Morning Brew (CG) 11:00 AM- Music & Movement (W) 1:00 PM- Comm/Rosary (CP) 1-4 PM- Blackjack* (CG)	9:00 AM- Fitness Class (W) 12 10:00 AM- Stretch 100-118 (CG) <b>11:00 AM- Let It Snow "Musical Comedy Troupe " (IL)</b> 2:00 PM- Pins & Needles (CP) 6:30 PM- 9-Ball League (CP)	9:00 AM- Water Aerobics (P) 13 10:00 AM- Stretch 119-138 (CG) 12:00 PM- Piano Music w/ Andrea Mahoney (ALDR) 2:00 PM- Mahjong (CG) 2:00 PM- Movie Matinee (W) 3:00 PM- Bananagrams (CP)	10:00 AM- Trivia Pursuit (CP) 14 <b>2:00 PM- Saturdays at Melrose (W)</b>  Happy Birthday Diane B!
2:30 PM- Church (W) 15 3:30 PM- Mexican Train Dominoes (IL)	9:00 AM- Water Aerobics (P) 16 10:00 AM- Stretch 100-118 (CG) 11:00 AM- Chair Yoga (W) 2:00 PM: Game: Canasta (CG) 3:00 PM- Coloring Club (IL) 4:00 PM- BYOB Social (CP)	9:00 AM- Fitness Class (W) 17 9:45 AM- Book Mobile (FD) 10:00 AM- Stretch 119-138 (CG) 10:45 AM- The Great Courses (W) <b>2:00 PM- Fall Prevention Presentation (W)</b> 3:30 PM- Bean Bag Baseball (W)	9:00 AM- Water Aerobics (P) 18 10:00 AM- Morning Brew (CG) 1:00 PM- Comm/Rosary (CP) 11:00 AM- Drumming Fit (W) 2:00 PM- Massages w/ Esther (W) 3:00 PM- Sing-along w/ Colleen (W) <b>6:30 PM- West High Student Game Night (W)</b>	9:00 AM- Fitness Class (W) 19 10:00 AM- Stretch 100-118 (CG) <b>11:00 AM- Lunch Bunch: Cheddars* (FD)</b> 2:00 PM- Pins & Needles (CP) 3:00 PM- Bingo (W) 6:30 PM- 9-Ball League (CP)	9:00 AM- Water Aerobics (P) 20 10:00 AM- Stretch 119-138 (CG) 11:00 AM- Chair Yoga (W) 2:00 PM- Mahjong (CG) <b>2:00 PM- Christmas Cookie Decorating w/ The Larson Family* (W)</b>	10:00 AM- Trivia Pursuit (CP) 21 2:00 PM- Cards (CP)  Happy Birthday Shirley!  Winter Begins
2:30 PM- Church (W) 22 3:30 PM- Mexican Train Dominoes (IL)	9:00 AM- Water Aerobics (P) 23 10:00 AM- Stretch 100-118 (CG) 11:00 AM- Chair Yoga (W) 2:00 PM: Game: Canasta (CG) 3:00 PM- Coloring Club (IL) 4:00 PM- BYOB Social (CP)  Happy Birthday Colleen!	24  <b>Business Office Closed</b>	25 <b>Merry Christmas</b>  Business Office Closed	26 9:00 AM- Fitness Class (W) 10:00 AM- Stretch 100-118 (CG) 10:45- AM Balloon Volleyball (W) <b>2:00 P- December Birthday Party (IL)</b> 3:00 PM- Pins & Needles (CP) 6:30 PM- 9-Ball League (CP)  Kwanzaa	27 9:00 AM- Water Aerobics (P) 10:00 AM- Stretch 119-138 (CG) 11:00 AM- <b>Name That Tune (CG)</b> 2:00 PM- Mahjong (CG) 2:00 PM- Movie Matinee (W)	28 10:00 AM- Trivia Pursuit (CP) 2:00 PM- Cards (CP)
2:30 PM- Church (W) 29 3:30 PM- Mexican Train Dominoes (IL)	9:00 AM- Water Aerobics (P) 30 10:00 AM- Stretch 100-118 (CG) 11:00 AM- Chair Yoga (W) 2:00 PM: Game: Canasta (CG) 3:00 PM- Coloring Club (IL) 4:00 PM- BYOB Social (CP)	9:00 AM- Fitness Class (W) 31 9:45 AM- Book Mobile (FD) 10:00 AM- Stretch 119-138 (CG) 10:45 AM- The Great Courses (W) <b>2:00 PM- New Years Eve Party(W)</b> Happy Birthday Alice!  New Year's Eve	 <h1>DECEMBER 2024</h1>			

Codes: P= Pool | IL= Independent Dining Room | W= Wellness Center | AG= Art Gallery | CG= Common Ground | CP= Corner Pocket | FL= Front Lobby | CY= Courtyard | FD= Front Drive